

WASHED UP

Snack Instructions

VBS SNACK SHOPPING LIST

**All of the recipes can be customized to include YOUR favorite treats, fruits, or vegetables or to reflect the dietary needs for your family. Feel free to adapt them however you choose! Just be sure to edit this shopping list to reflect the changes you want to make!*

Pantry

- Popped Popcorn
(or Rice Krispies or other cereal!)
- M&Ms (Or your favorite candy)
- Marshmallows
- Graham Crackers
- Frosting (Canned or Homemade)
- Food coloring
- Pudding (can use boxed or cups!)
- Yogurt (can also use whipped cream or cool whip)
- Sandwich Bread
- Nilla Wafers (Or other cookies like Golden Oreos)
- Crackers

Produce

- Tomato, Carrots or your favorite veggies that can be cut into happy faces!
- Berries, or other fruit to use on top of "Joy Crackers" or "Sand Pudding"

Dairy

- Butter
- Cheese for grilled cheese
- Cream Cheese
- Milk (if making boxed pudding)

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Monday

FLOATIE POPCORN CAKE

Ingredients Needed

- 8 cups popcorn or cereal
- 1/2 cup M&Ms
- 1/2 cup peanuts or other mix-in you'd like
- 1/2 stick of butter
- About 3 cups of marshmallows



Instructions

- 1) Heat butter and marshmallows in a pan until melted
- 2) Pour over popcorn, add mix-ins and mix together
- 3) Spray a bundt pan (or any shaped pan) and press mixture into it.
- 4) Let cool slightly and remove from pan

Tuesday

SAND PUDDING CUPS

Ingredients Needed

- Nilla Wafers (or other cookies)
- Pudding (prepared from boxed, or premade cups)
- Favorite yogurt (or whipped cream or Cool Whip)
- Clear cup



Instructions

- 1) Alternate putting a layer of pudding and a layer of yogurt in the cup until full
- 2) Crumble the Nilla Wafers and add on top

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Wednesday

JOY CRACKERS

Ingredients Needed

Crackers
Cream Cheese
Veggies and/or fruit cut into happy faces



Instructions

- 1) Spread cream cheese onto crackers
- 2) Add your favorite toppings to make happy faces!

Thursday

STARFISH GRILLED CHEESE



Ingredients Needed

Bread
Cheese
Butter
Star shaped cutter or knife

Instructions

- 1) Heat pan and add butter (with your parents help!)
- 2) Put 2 slices in the pan and let them cook for a few seconds
- 3) Put cheese onto the pan and put slices together
- 4) Remove from pan and cut into a starfish shape!

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Friday

BEACH TOWEL GRAHAMS

Ingredients Needed

Graham crackers
Frosting
Food coloring

Instructions

- 1) Divide frosting into bowls
- 2) Add food coloring and mix
- 3) Spread onto graham cracker in your favorite "beach towel" design!

