



Dear LifeGroup Leader,

How are you? This week we're thinking about worship as it pertains to Pat McClenahan's life, and how that might impact our own lives.

Pat asks a question: "How do I value every life the way God does?"

I want you to think about that as you prepare to meet with your group tonight. Even in our own groups - even in our own families - we can lose sight of the idea that before us is a unique and valuable life, a story of which we only know the spark notes.

How might this question, this understanding, change the way you engage with your group this day?

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## The Heart of Worship

### The Living Heart of Worship

Worship involves much more than singing songs or prayer. Worship, we're told by Paul, involves offering our bodies as "living sacrifices". Larger than any isolated deed, worship involves the intentional act of living a life with divine purpose. Pat McClenahan's story is one example. Throughout his life, Pat's actions and passions have followed this question - "how do I value every life in the same way God does?" This week we ask this same question of our lives.

FOCAL POINT: The heart of worship is a life lived with divine purpose.



### Getting Started

Catch up together about how your week has been, possibly also revisit last week's meeting.

- ▶ Was there ever a time in your life you felt responsible for the path before you? What was it like to make a decision that would change the course of your life?



### Exploring Scripture

Read the following passage together.

Romans 12:1-2

- ▶ Where do you hear God's heart in this passage?
- ▶ What words or phrases stick out to you?



## Reflection

Take time to reflect together about the passage.

- ▶ Paul talks about discerning God's will. All of us at times wonder whether we're living the way God desires us to. How would you translate/paraphrase Paul's instructions for how to live in the way God desires?
- ▶ What is difficult about this? What gets in the way in your daily life?



## Praxis

With the understanding that we gathered here are the body of Christ, let's allow the truth from today's scripture to impact us as a LifeGroup.

- ▶ Paul suggests that we are not to be conformed to the pattern of the world, but be transformed by a different pattern that renews our minds. What practices or activities renew your mind and help you feel more clear about God's Kingdom?
- ▶ How might we, even now, make room to renew our minds and recenter ourselves?



## Moving Outward

Challenge each other to live out God's truth this week.

- ▶ Take time throughout your week to recenter your mind in God.

## Romans 12:1-2

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Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.