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## WE ARE HERE FOR YOU!

- Need Help?  
Contact the church office at [office@montrosechurch.org](mailto:office@montrosechurch.org)
- Prayer Requests  
[prayer@montrosechurch.org](mailto:prayer@montrosechurch.org)






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## STAY SOCIAL




- Facebook   
**Montrose Campus** [facebook.com/montrosechurch](https://facebook.com/montrosechurch)  
**Pasadena Campus** [facebook.com/breseechurch](https://facebook.com/breseechurch)

- Instagram 

### Montrose Campus

-  @montrosechurch
-  @montrosechurchkids
-  @montrosechurchjrhigh
-  @montrosechurchhighschool
-  @montrosechurchyoungadults

### Pasadena Campus

-  @mc\_pasadena
-  @mc\_pasadenakids
-  @mc\_pasadenastudents

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## FEED YOUR SOUL

- Daily Lent Practices, Inspiration, & Latest News  
[montrosechurch.org/blog](https://montrosechurch.org/blog)
- Daily Lent Practice Text Reminders  
TEXT LENT2020 to 818-538-2442
- KABC Podcast (Healing Conversations)  
[podcasts.apple.com/us/podcast/healing-conversations-with-dave-roberts/id1479093040](https://podcasts.apple.com/us/podcast/healing-conversations-with-dave-roberts/id1479093040)
- Church Online (Live)  
Sundays at 10 a.m., streamed live on [facebook.com/montrosechurch](https://facebook.com/montrosechurch)  
(no account required)
- Church Online (Replay)  
The full service is available for viewing anytime on [montrosechurch.org/watch](https://montrosechurch.org/watch)  
(available 30 minutes after the livestream ends)

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## GIVE

- Give by Text  
TEXT the amount you wish to give to 818-330-1180
  - Give Online (one-time, no account required)  
[mclaxca.infellowship.com/OnlineGiving/GiveNow/NoAccount](https://mclaxca.infellowship.com/OnlineGiving/GiveNow/NoAccount)
  - Give Online (recurring)  
[mclaxca.infellowship.com/OnlineGiving/ScheduledGiving/Step1](https://mclaxca.infellowship.com/OnlineGiving/ScheduledGiving/Step1)
  - Want to Help Others?  
Donate to our Faith Promise Emergency Assistance Fund.  
[mclaxca.infellowship.com/OnlineGiving/GiveNow/NoAccount](https://mclaxca.infellowship.com/OnlineGiving/GiveNow/NoAccount)  
Then under Give To...choose, "6-Faith Promise" and then in the box to the right, choose "Emergency Assistance Fund."
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## MONTROSE CHURCH MARCH SCHEDULE

### Effective Immediately

As you know, we are facing a challenging time in the world and our state officials are now limiting public gatherings throughout March, including churches. Our hearts go out to all impacted by this global pandemic. At Montrose Church, we respect the decision of our officials and we are moving our weekend services to be online. Effective immediately, all gatherings are canceled or postponed through the end of March in order to protect the vulnerable and honor the statewide efforts to “flatten the curve” of impact on our healthcare system. We will continue to evaluate matters as more information is known and notify you as the situation changes. In the meantime, you can get all the details of our response at...

[montrosechurch.org/blog/montrose-church-coronavirus-update](https://montrosechurch.org/blog/montrose-church-coronavirus-update)

# TUNE IN



## CONTACT US

[montrosechurch.org](https://montrosechurch.org) | [office@montrosechurch.org](mailto:office@montrosechurch.org) | 818.249.8309



MONTROSE CHURCH



“a ministry of the Church of the Nazarene”



# TUNE IN

**SUNDAY, MARCH 29, 2020**

The world is full of noise. We are bombarded with messages from many different sources, and the ones we naturally tune in to aren't always positive. God's word sends us messages straight from His heart - messages of purpose, encouragement, love, and grace - but do we really listen? Do we hear? This Lenten season, we'll look into the book of Ephesians and explore how to engage in the practices that help us tune out the messages that defeat and tune in to the messages of truth that transform us into people who live out God's great love.

## Sundays

### March 1

Part 1: Chosen

### March 8

Part 2: Made Alive

### March 15

Part 3: Included

### March 22

Part 4: Called

### March 29

Part 5: Challenged

### April 5

Part 6: Empowered

Miss a sermon? Catch up at

[montrosechurch.org/sermon-series](http://montrosechurch.org/sermon-series).



## SERVICES

Wash your hands,  
don't touch your face,  
and join us for:

### Church Online (live)

Sundays at 10 a.m.  
streamed live on  
[facebook.com/montrosechurch](https://facebook.com/montrosechurch)  
(no account required)

### Church Online (replay)

The full service is available for  
viewing all week on  
[montrosechurch.org/watch](https://montrosechurch.org/watch)  
(available 30 minutes after the  
livestream ends)

### Fireside Chat

Wednesdays | 7 p.m.

Instagram Live  
[@montrosechurch](https://@montrosechurch)

Facebook Live  
[facebook.com/montrosechurch](https://facebook.com/montrosechurch)

Email questions in advance  
[firesidechat@montrosechurch.org](mailto:firesidechat@montrosechurch.org)

## YOU'RE HOME.

At Montrose Church, you're home...among real people who are making a difference, and we're here to help. No matter where you are in your spiritual journey, Montrose Church is a safe place to take the next step.

**Learn more about us at [montrosechurch.org/about](http://montrosechurch.org/about).**

## REAL PEOPLE. MAKING A DIFFERENCE. HERE TO HELP.

New Here? We'd love to get to know you and find out how we can serve you. Please contact us at [office@montrosechurch.org](mailto:office@montrosechurch.org) or 818-249-8309 and we'd be happy to assist you.

Get Involved / Get in Touch God created us to be in community - to grow, to give back, and to support each other.

### Kids

✉ [shawna.diehl@montrosechurch.org](mailto:shawna.diehl@montrosechurch.org)

### Jr. High

✉ [john.harvey@montrosechurch.org](mailto:john.harvey@montrosechurch.org)

### High School

✉ [coltin.brink@montrosechurch.org](mailto:coltin.brink@montrosechurch.org)

### Kids & Students Pasadena

✉ [candice.mcvey@montrosechurch.org](mailto:candice.mcvey@montrosechurch.org)

### Newcomers

✉ [martha.paz@montrosechurch.org](mailto:martha.paz@montrosechurch.org)

### Classes

✉ [rick.savage@montrosechurch.org](mailto:rick.savage@montrosechurch.org)

### Young Adults

✉ [austin.nielsen@montrosechurch.org](mailto:austin.nielsen@montrosechurch.org)

### Groups

✉ [austin.nielsen@montrosechurch.org](mailto:austin.nielsen@montrosechurch.org)

### Volunteer

✉ [martha.paz@montrosechurch.org](mailto:martha.paz@montrosechurch.org)

### Serve

✉ [scott.chamberlain@montrosechurch.org](mailto:scott.chamberlain@montrosechurch.org)

### Talk with a

### Care Pastor

818-249-8309, appointments -or-

✉ [support@montrosechurch.org](mailto:support@montrosechurch.org)

### Prayer Requests

✉ [prayer@montrosechurch.org](mailto:prayer@montrosechurch.org) -or-  
fill out a Connect Card and place in offering -or-  
have an Usher direct you to the prayer team

### eNews

✉ [office@montrosechurch.org](mailto:office@montrosechurch.org) -or-  
fill out a Connect Card and place in offering

### Give Online

[montrosechurch.org/onlinegiving](https://montrosechurch.org/onlinegiving)

### Text to Give

818-330-1180, text the amount you wish to give

### Donate to our 501(c)3

[becauseyoumatter.net](https://becauseyoumatter.net)

Please see reverse side of today's bulletin and the notes page for the most up to date information or visit [montrosechurch.org](http://montrosechurch.org).